

# 10 Lent resources for 2026

**Make Lent 2026 a time for deepening  
discipleship with these ready to use resources**



## **From Pancakes to Palm Crosses**

**A virtual pilgrimage 'across Wales' with this  
study based on the six historic Welsh  
cathedrals for each week of Lent.**

6 sessions, each with a video and discussion  
questions, recommended to last an hour.

Written by The Very Revd Ian Black, Dean of  
Newport Cathedral.

Free and available to download from Jan 2026

<https://www.churchinwales.org.uk/en/evangelism/lent-2026-from-pancakes-to-palm-crosses/>

## **Acts of Hope**

**Journey through the Book of Acts reflecting on the  
attitudes and actions of the disciples that can encourage  
us to be bringers of hope through Holy Spirit-led  
attitudes and actions in our own age.**

Produced by 'Embrace the Middle East', sessions include...

- Weekly Bible readings and reflections
- Stories from Middle East partners
- Questions and discussion topics
- Prayers and action points

Print copies £5.99 each

<https://www.eden.co.uk/newly-added/lent-study-guide-2026-edition/>

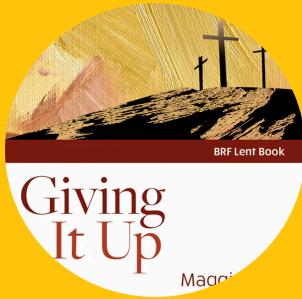


## Calling a Wounded Planet Home

What kind of people might we need to be to face the challenges of climate change? 5-week Lent Course by Green Christian.

Covering topics of Love, Truth, Wisdom, Justice and Hope, this course uses music, prayer and Bible texts to inform reflection and discussion on creation care and the climate crisis. Discussion based, little input is needed "from the front", trusting that there is expertise, experience and faith enough in the room. Free to download.

<https://borrowedtime.earth/programmes-of-mutual-support/a-new-lent-course-calling-a-wounded-earth-home/>



## Giving it Up: Daily Bible readings from Ash Wednesday to Easter Day

The BRF Lent Book for 2026

The idea of 'giving something up for Lent' is widely known and discussed - yet how many know that the ancient discipline of the Lenten fast had several purposes?

In a series of daily studies, Maggi Dawn shows how, throughout Scripture, people were radically changed by encountering the true God. Structured in 5 themes, easily combined to use in weekly sessions. Print copy £9.99

<https://www.brfonline.org.uk/products/giving-it-up?srsltid=AfmBOoqqDrTVjJC7hAemJ8Qz1-84yrqogNWLXz01JCaSb7NdtCFUvSL>



## On Purpose – Lent Devotional Journey by LICC

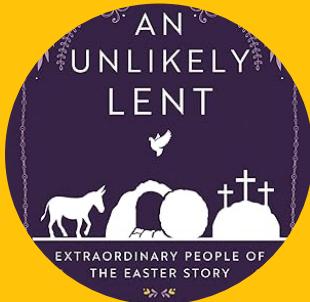
Discover God-given purpose in everything you do.

The LICC Lent course from a previous year might be worth another look if you want to use true stories of how purpose is worked out in all kinds of Christians' lives today.

5 weekly sessions, small group discussion guides and videos are free to download (sign up needed).

<https://licc.org.uk/ourresources/on-purpose-lent-devotional-journey/>

## An Unlikely Lent by Rachel Billups



### Extraordinary People in the Easter Story

Gain new insight by looking at themes of:  
Devotion, Opposition, Freedom, Courage, Companionship,  
Alliances

See the Easter story through the eyes of those who were there and discover that the resurrection is not just a past event, but an invitation into something new, unexpected, and unlikely.  
Print Copy £17.99, accompanying Leader Guide and DVD available December 2025

[https://www.amazon.co.uk/Unlikely-Lent-Extraordinary-People-Easter/dp/179103733X/ref=monarch\\_sidesheet\\_image](https://www.amazon.co.uk/Unlikely-Lent-Extraordinary-People-Easter/dp/179103733X/ref=monarch_sidesheet_image)

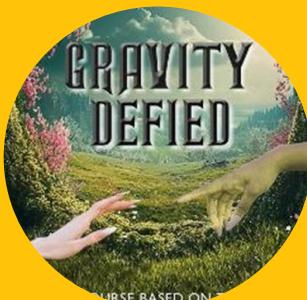
## Stretched: A Study for Lent and the Entire Christian Life



As a believer, you are stretched—like the lengthening days of springtime Lent, and even more profoundly, "stretched out with Christ" on the cross, reflecting the life of the baptized.

By Lutheran pastor Christopher Richmann and designed to be interactive, it can be used for group study or individual reflection for lay readers of all Christian backgrounds. Engage your mind and soul, revealing how God's redemptive work in Christ stretches you far beyond Lent, shaping the whole Christian life.  
<https://www.amazon.co.uk/Stretched-Study-Lent-Entire-Christian/dp/1964419387>

## Gravity Defied by Rachel Mann: A Lent Course based on Wicked the movie



Rachel Mann has written this new course based on the award-winning movie Wicked. 5 sessions use clips from the film, Bible passages and discussion-starters to help relate the movie to the Gospel. Themes include: How we judge goodness; belonging; pleasure; indulgence; temptation and redemption. Ideal for churches who run a film club (copyright on screenings applies).

Print Book £7.99, DVD of Wicked needed around £6.99  
<https://chbookshop.hymnsam.co.uk/books/9781917362160/gravity-defied>



## Draw Near: Life-giving habits for Lent

This year's resources have at their heart the theme of a 'rhythm of life' – habits and patterns which help us grow as disciples of Christ day by day, especially as we prepare to celebrate the great mystery of God's saving love at Easter.

<https://www.churchofengland.org/faith-life/what-we-believe/lent-holy-week-and-easter/draw-near-life-giving-habits-lent>



## Notes on an Execution: Lenten Reflections on the Last Days of Jesus

Rhidian Brook, takes you back to the events of Holy Week and invites you to experience them as if for the first time.

Told as a series of vivid, real-time eyewitness reports, Notes on an Execution takes you from Jesus' arrival in Jerusalem to his execution and beyond, without the cushion of hindsight. First 5 chapters could be used as weekly discussion prompts.  
<https://spckpublishing.co.uk/notes-on-an-execution>

**The vision of Lichfield Diocese is for  
every member of our churches to have the  
opportunity to go deeper in faith and following Jesus.**

For more information contact our  
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