

Dementia Friends
Sunday Service

How many people in the UK are living with dementia?

Currently 850,000.
One million by 2025.
Currently 670,000 carers.

What's the impact of dementia for them?

In an Alzheimer's Society survey of people living with dementia, 61% said they felt lonely and 44% said they've lost friends.

There are facts about dementia that we can't currently change, but these statistics on the impact of dementia challenge us all – it must be possible to change them!

DEMENTIA

What's the first word that comes in to your head?



What's our experience?



Dementia –

An umbrella term

BROKEN SENTENCES

1. Dementia is not ...
2. Dementia is caused ...
3. One common type of dementia is ...
4. Dementia is progressive, which means ...
5. Alzheimer's disease usually starts ...
6. Dementia is not just about ...
7. Dementia can also affect ...
8. People with dementia ...
9. One in fourteen people over 65 ...
10. It is possible to ...
11. There is more to the person than ...
12. Dementia Friends is about ...

BROKEN SENTENCES

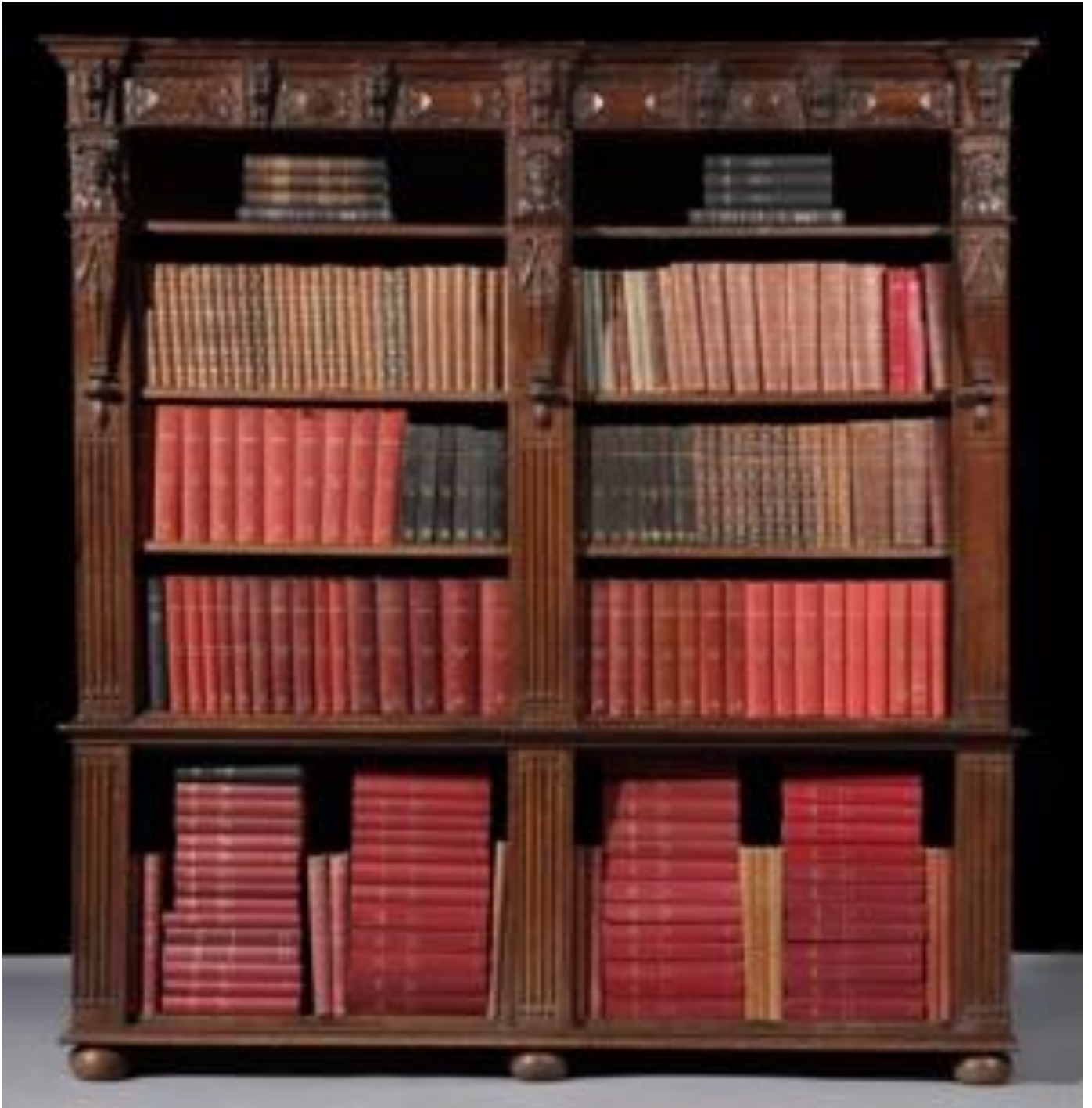
- ... turning understanding into action.
- ... a natural part of ageing.
- ... can still communicate effectively.
- ... the symptoms will gradually get worse.
- ... people's perception.
- ... the dementia.
- ... has dementia at any one time.
- ... live well with dementia.
- ... by diseases of the brain.
- ... Alzheimer's disease.
- ... by affecting people's short term memory.
- ... losing your memory.

MEMORY STORAGE



FACTS

BOOKCASE ANALOGY

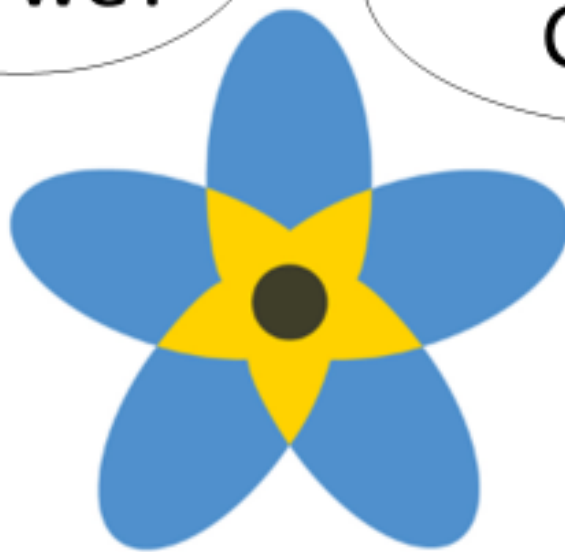


FEELINGS

DEMENTIA

Where
are we?

Where is
God?



TURNING UNDERSTANDING INTO ACTION

- A friendly smile goes a long way!
- Show respect
- Be clear
- Listen carefully and look for non-verbal clues
- Maintain eye contact –
watch the eyes, for connection
- Offer support and ask first
- Be patient, flexible and tolerant
- Consider feelings



DEMENTIA FRIENDS

One million Dementia Friends...



- MPs
- Local ASDA stores
- Lloyds Pharmacies, Lloyds Bank, M&S, Argos, Homebase

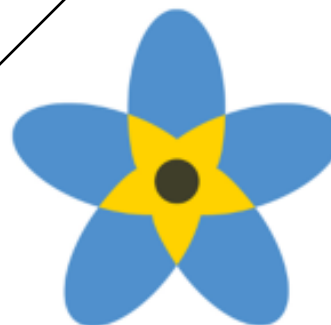
Four million by 2020...



4 MILLION DEMENTIA FRIENDS...

We're not...

- Experts
- Replacements for skilled doctors, nurses & carers
- Contacting /visiting people we wouldn't otherwise come across
- Alzheimer's Society volunteers



But we can...

Connect

Accept

Listen

Support



EXAMPLE ACTIONS

- Say “living with dementia” (not “suffering from...”)
- Wear you badge and chat!
- Spread the word about Dementia Friends
- Spend time with someone with dementia
- Make a regular phone call
- Send a regular postcard
- Remember to ask a carer, “How are **you**?”
- Be more patient, when someone’s slow in the shops
- Help your church or workplace to become more dementia-friendly

YOUR ACTION



COMMISSIONING FOR DEMENTIA FRIENDS

*Everyone who wants to become a Dementia Friend puts on their badge.
We say the following prayer together.*

God of all,

Bless all our churches
as places of welcome and hospitality,
places of compassion and safety,
places of connection and love for all.

Bless us to share small acts of love,
freely given to others,
so that Christ may be made known
in our community.

Bless us to walk together
as friends,
turning our understanding into action
and living with hope in our hearts.

Amen