We plough the fields, and scatter the good seed on the land;
But it is fed and watered by God's almighty hand:
He sends the snow in winter, the warmth to swell the grain,
The breezes and the sunshine, and soft refreshing rain.
All good gifts around us - Are sent from heaven above,
Then thank the Lord, O thank the Lord
For all His love.

He only is the maker of all things near and far;
He paints the wayside flower,
he lights the evening star;
The winds and waves obey him,
by him the birds are fed;
Much more to us, his children, he gives our daily bread.
All good gifts around us - Are sent from heaven above,
Then thank the Lord, O thank the Lord
For all His love.

We thank Thee, then, O Father, for all things bright and good,
The seed time and the harvest, our life, our health, and food;
Accept the gifts we offer, for all Thy love imparts,
And that which Thou desirest, our humble, thankful hearts.
All good gifts around us - Are sent from heaven above,
Then thank the Lord, O thank the Lord
For all His love.
We say the prayer of St Columba:
Be thou a bright flame before us;
Be thou a guiding star above us;
Be thou a smooth path below us;
Be thou a kindly shepherd behind us
Today, tonight and forever. Amen

The prayer of St Richard of Chichester:
Thanks be to thee, O Lord Jesus Christ,
for all the benefits
which thou hast won for us,
for all the pains and insults
which thou hast borne for us.

O most merciful Redeemer,
friend and brother,
may we know thee more clearly,
love thee more dearly,
and follow thee more nearly,
day by day. Amen.

A reading from the Bible
From the Gospel according to St Matthew
Chapter 13 verses 31-32

Jesus told them another parable: ‘The kingdom of heaven is like a mustard seed,
which a man took and planted in his field. Though it is the smallest of all seeds,
yet when it grows, it is the largest of garden plants and becomes a tree, so that the birds come and perch in its branches.’
We reflect together

Now thank we all our God, with heart and hands and voices,
Who wondrous things has done, in whom this world rejoices;
Who from our mothers’ arms has blessed us on our way
With countless gifts of love, and still is ours today.

O may this bounteous God through all our life be near us,
With ever joyful hearts and blessèd peace to cheer us;
And keep us in His grace, and guide us when perplexed;
And free us from all ills, in this world and the next!

All praise and thanks to God the Father now be given;
The Son and Him Who reigns with Them in highest Heaven;
The one eternal God, whom earth and Heaven adore;
For thus it was, is now, and shall be evermore.

Leader We say together the Lord’s Prayer:
All Our Father, who art in heaven,
hallowed be thy name.
Thy kingdom come, thy will be done
on earth, as it is in heaven.
Give us this day our daily bread
and forgive us our trespasses,
as we forgive
those who trespass against us.
And lead us not into temptation,
but deliver us from evil
for thine is the kingdom,
the power and the glory,
for ever and ever. Amen.
Leader We say together an ancient prayer:
All Lighten our darkness, we beseech thee, O Lord;
and by thy great mercy defend us
from all perils and dangers of this life;
for the love of thy only Son,
our saviour, Jesus Christ. Amen.

Bind us together, Lord, bind us together
with cords that cannot be broken;
bind us together, Lord, bind us together, Lord,
bind us together in love.

We are all in one boat
Afloat in God’s ocean of love,
Knowing that we’re not alone
As we weather the storms of life.

Bind us together, Lord, bind us together
with cords that cannot be broken;
bind us together, Lord, bind us together, Lord,
bind us together in love.