Lost for Words is a CPAS resource to help people of every age share their faith naturally with family, friends and colleagues. It enables people not only to feel at ease talking about their faith with others, but also in helping Christians to identify key issues in their journey of faith.

www.cpas.org.uk/shop/category/13/view/30

Community Blessings This course focuses on transformative participation, links with the 2013 Bishops Lent Appeal, and offers six sessions for those wishing to further community engagement, covering Appreciative Inquiry; Congregational Development; Community Organising; Participatory Budgeting; Promoting Diversity & Inclusivity; and Worship for the Poor.

Sharing Ministry with Older People Six sessions for pastoral carers involved with those in ‘deep old age’, covering spirituality, worship and discipleship; dementia and depression; carers; healthy lifestyles; falls, fire and crime prevention; local service-providers; end of life.

There is More to Life Four sessions for those in their late 50’s & 60’s, looking at spirituality; active ageing and life-long learning; volunteering & intergenerational relationships; future planning.

“The Key” A creative, comprehensive and easy to use training resource for anyone who is involved in any form of church based ministry to children and young people. It covers key foundational issues for those who want to take their ministry with children and young people seriously and helps them to understand and improve the way we include them as members of church rather than passive recipients of church. www.thekeyresource.co.uk

Connecting with Schools is a four session course exploring what connecting with our schools means to churches. Sessions will include practical ideas and examples of how we can connect with our local schools ranging from where to start to how to plan RE lessons and run an after-school club.

Healing Ministry Four or six sessions designed to give an understanding of the healing ministry and practical tools to develop the healing ministry in your church. These can be delivered as either an introduction or a refresher.

Eco-Congregations Five sessions covering theological reflection and practical outworking of our role as Christians in caring for God’s beautiful, fragile creation. Topics include the Biblical basis of caring for all God’s creation; the challenge of climate change; facing up to the problems yet retaining hope; ecologically-aware spirituality for the 21st Century; and working with friends to heal the world.

World Mission This six week course looks at mission from a Biblical perspective; it traces changes in how world mission has been understood and applied. We see how global partnerships inspire local mission. Be ready to be challenged as we identify and reflect on mission opportunities today.

Journeys in Prayer ‘How can I pray?’ can seem like an embarrassing question. Yet over the last two millennia a number of Christian traditions of prayer have grown up which help us to get praying. This short programme presents four of these traditions and gently encourages participants to ‘have a go’.

Parish Giving The Diocesan Finance Department are happy to discuss with churches the best way to look at this subject, and utilise the New Parish Resources that are available. These can be tailored to individual parish needs, through clinics or workshops in your area.

To book your Following on... events, please contact Richard Barrett at; e: richard.barrett@lichfield.anglican.org t: 01922 707863
Closing the Back Door*

Why do people move on from our churches after a few months or even after several years? This programme examines the reasons why people leave and looks at how we can grow and develop our churches to prevent this, by helping people to move on in faith, discipleship and service and so remain active members of their churches.

There are four sessions which can be run on four occasions or as one full day:

- Closing the Back Door - Why people leave
- Closing the Back Door - Pastoral Care
- Closing the Back Door - Discipleship
- Closing the Back Door - Gifts and Service

We will never stop everyone leaving but there are many things we can do to close the back door and so make our churches healthier. This programme will encourage and provide the tools and structures needed to keep more of the congregation moving on in faith and service, and so remain vital members of the church.

“Whoever serves me must follow me,”
John 12:26

Mission Shaped Introduction

A six week programme helping churches to re-discover mission and re-imagine church. It looks at ‘Mission Shaped Church’ and ‘Fresh Expressions’ through a mix of presentations, group activity, film and music clips, personal reflection, worship and prayer.

www.freshexpressions.org.uk/missionshapedintro

Community of St Chad

This programme introduces the pattern of spiritual formation recommended by the Community of Saint Chad, based upon five ‘Rhythms of Grace’. These are not rules, but a starting point for a process of self-examination that can help us to grow as disciples. This course explores each of the Rhythms of Grace and provides tangible insights that can help us become spiritually formed, conformed, and transformed into the image of Christ.

Discovering our Gifts and Calling

SHAPE is a six session programme produced by Carlisle Diocese. It looks at Spiritual gifts, Heart’s desire, Abilities, Personality, and Experience, for God’s service.

Following on... from the Plain Speaking project, the Diocese of Lichfield is providing a range of programmes to invest in and enhance the life of each parish. These programmes will be run by a Diocesan team in your area and there is no charge to parishes for the material or facilitator.

To join in:
- Choose one of the following options to run in your Parish/group of churches/Deanery.
- Most of the options will need a minimum of 10 people to run, and those marked with an asterisk will work best with 20% of the congregation signed up for the programme.
- Once you have booked in with Richard Barrett (see back page) you will be appointed a facilitator with whom you can liaise about times and dates, which can be done flexibly.

‘Following On’ is a joint initiative of Lichfield Diocese’s Departments of Ministry, Mission and Transforming Communities.

“Whoever follows me will never walk in darkness but will have the light of life.”
John 8:12