



Loving Father,
in the face of Jesus Christ
Your light and glory have blazed forth.
Send Your Holy Spirit that I may share with my friends
the life of Your Son and Your love for all.
Strengthen me as a witness to that love
as I pledge to pray for them,
for Your name's sake. Amen

Pray the Lord's Prayer together:
Our Father, who art in heaven, hallowed be thy name;
thy kingdom come; thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

If you have children with you there are some wonderful ideas to be found
<https://www.thykingdomcome.global/prayerresources#families>

In Conclusion: You could finish by saying together

Dear God, we have been joined together
By our faith,
By our concern for the world,
By this simple meal.

Though our bones may be satisfied,
Keep us hungry for justice,
Working together to make your kingdom known, Amen

From Holy Habits: Eating Together edited by Andrew Roberts, Vicki Atkinson, Neil Johnson and Tom Milton, published by The Bible Reading fellowship brfonline.org.uk/holy-habits

Thy Kingdom Come: Baking Bread Together

It's a very simple concept: gather together, either in a home or Church kitchen, a group of friends or neighbours and make and bake bread together. It's an opportunity for conversation, laughter, prayer and the chance to enjoy beautiful home-made bread! It is suitable for Christians and non-Christians, indeed we hope and pray it will be a wonderful mixing place for all.

Please find enclosed recipes for bread and for scones (you can of course use your own favourite recipe!) together with suggestions as to how you can use the time creatively for prayer and deepening your understanding of the Kingdom of God.

We encourage you to make two loaves. One is kept for your own enjoyment and the second is to give away to someone together with the enclosed card. You might give your bread to a neighbour, a friend or someone at work, school or college or perhaps to someone you do not know who you think might welcome a loaf of handmade bread.

We also have a Facebook page "thykingdomcomeshropshire" and we'd love it if you could post pictures of your event and the bread you made. You can also discover the other strands of Thy Kingdom Come in Shropshire this year.

One rise dough

We have been using this one rise dough for a while now as it suits groups who want a shorter morning's or afternoon's bread making session. It has just one rise and although bread is better for two chances to rise or for a nice long rise, this is nevertheless pretty good bread!

Ingredients

500g bread flour (makes two small loaves or around 12-15 rolls)
7g yeast (1 sachets/2 teaspoons)
salt (1 teaspoon)
300ml water (60% hydration)

Method

- Weigh out ingredients.
- Add flour to bowl followed by all the other ingredients. Add yeast and salt to separate sides of your bowl.
- Mix until all the liquid and flour have been absorbed together and the dough comes away cleanly from the bowl. Wipe the dough around the bowl like a cloth to

pick up all the ingredients.

- Knead the dough for 10-15 minutes until smooth, soft and elastic.
 - Add to your baking tin or shape (rolls, plaited loaf etc.)
 - Cover and leave to rise for an hour or so until it's about doubled in size. (This will take longer in a cold or draughty spot so put it in a warm place if you can.)
 - Bake in a hot oven (220C/ gas mark 7/ 425F) until well browned on the top.
- Baking time will depend on the size of loaf or rolls – so rolls need about 10 minutes a single loaf will need 25-35 minutes.

Super Scones

Ingredients (makes around 16 medium scones)

700g self-raising flour

300ml pot of double cream

330ml can of fizzy pop (e.g. lemonade)

Extra of your choice (traditionally sultanas or raisins)

Method

Mix the 'extra' into the flour

Make a well in the flour and pour in the cream

Pour the can of fizzy pop into the cream

Mix together until all the flour is incorporated but don't over mix

Tip onto a well-floured surface, gently flatten to about an inch and a half deep, make scones with a cutter

Place scones onto a nonstick baking tray and brush with a little beaten egg or milk

Bake in a pre-heated oven at 180C for about 20 minutes until the scones are golden brown

We have used lots of different flavours of fizzy pop and 'extras', some of our favourites so far have been:

Coca cola & chocolate chips

Fanta & chocolate orange

Fanta & marmalade

Cherry & glace cherries

Ginger beer & crystallized ginger

Lemonade & Christmas Mincemeat (the Christmas Scone)

Suggestions for Prayer and other activities

At the start

You could say together:

Spirit of God,
You draw us together as we pray,
You draw us together as we worship,
You draw us together as we eat together.



As we share together in worship, in food and in fellowship,
Unite us as Your people.
Make us a people where all are invited,
All are welcome,
All are equal at Your table.
So may we look forward to sharing Your heavenly banquet
Where strangers become friends.

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Kneading the dough could be a time of quiet reflection:

You could quietly reflect on any of the following:

How is God shaping my life at the moment?

What pressures am I under and how might God use this for good?

"Be still and know that I am God"

Is the rhythm of my life healthy and life-bringing?

Whilst waiting for the dough to rise, and during the baking, some possibilities include:

Make some scones

Enjoy some tea and coffee

Have someone read the parable of the yeast from Luke 13v20-21
Jesus also asked, "What else is the Kingdom of God like? It is like the yeast a woman used in making bread. Even though she put only a little yeast in three measures of flour, it permeated every part of the dough."

Then talk about: what does this parable speak to you about?

Pray for five. This is part of the Thy Kingdom Come initiative. Choose five people you would love to see come to know Jesus and commit to regularly pray for them. Provide each person with a piece of string or cord, and tie five knots in it to represent each of the five people you will commit to pray for. Use the knots as a reminder to pray for each person on your list of five. You may then wish to pray together: